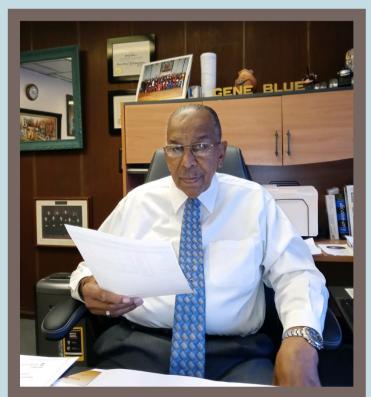


VIEWS FROM JACKSON STREET

PRESIDENT'S CORNER

Everyone should want to be loving, joyful, peaceful, patient, kind, good, faithful, gentle and have self control. That is what real spiritual growth sounds like.





Gubernatorial Candidate Katie Hobbs Meets with Arizona Commisssion on African American Affairs, African American Christian Clergy Coalition and African American Reconstruction LLC

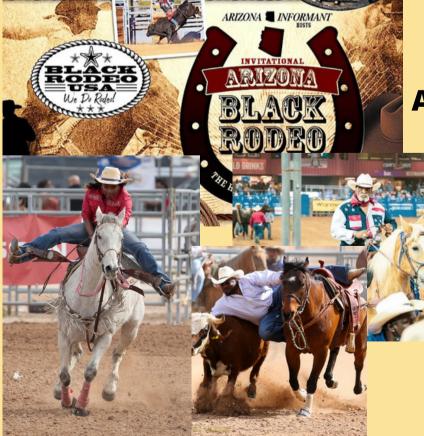




A few of the 2023 MLK COMMITTEE MEMBERS



MLK Sponsorship Committee Meeting with the Arizona Cardinals Chief People Officer



Arizona Black Rodeo at Westworld

SEPTEMBER 2022

THE IMPORTANCE OF VACCINATIONS

There has been confusion and misunderstandings about vaccines. But vaccinations are an important part of family and public health. Vaccines prevent the spread of contagious, dangerous, and deadly diseases. These include measles, polio, mumps, chicken pox, whooping cough, diphtheria, and HPV. A vaccine (or immunization) is a way to build your body's natural immunity to a disease before you get sick. This keeps you from getting and spreading the disease. For most vaccines, a weakened form of the disease germ is injected into your body. This is usually done with a shot in the leg or arm. Your body detects the invading germs (antigens) and produces antibodies to fight them. Those antibodies then stay in your body for a long time. In many cases, they stay for the rest of your life. If you're ever exposed to the disease again, your body will fight it off without you ever getting the disease. Everyone needs vaccines. They are recommended for infants, children, teenagers, and adults. There are widely accepted immunization schedules available. They list what vaccines are needed, and at what age they should be given. Most vaccines are given to children. It's recommended they receive 14 different vaccines by their 6th birthday. Some of these come in a series of shots. Some vaccines are combined so they can be given together with fewer shots. Vaccines ae safe. The benefits of their use far outweigh any risks of side effects.



This ribbon is to show your support for those battling Sickle Cell Disease, and those who were lost to us from this terrible disease.



WHAT?

Sickle cell disease (SCD) is an inherited blood disorder in which red blood cells may become sickle-shaped and harden. For a baby to be born with sickle cell disease, both parents must carry a sickle cell trait or genes for another hemoglobin like HbC, HbE or beta thalassemia. Sickle cell disease is not contagious, and there is no universal cure.

- About 1 in 13 African Americans carry the sickle cell trait, and many do not know they have it.
- An estimated 100,000 people in the U.S. have SCD.
- Approximately 2,000 babies are born with SCD annually in the U.S.

SICKLE CELL DISEASE

- On average, diagnosis is made at birth.
- People of many ethnic backgrounds can have SCD
- · Latinos have the second most common incidence in the U.S.

The blockage of blood flow caused by sickled cells leads to complications including:

- Chronic severe and unpredictable pain
- Anemia
- Frequent infections
- · Swelling in extremities
- Fatigue
- Delayed growth
- Stroke Shortened life expectancy
 - Damage to hip joint

Lung tissue damage

Kidney disease

• Vision problems/blindness

WHERE?

• Sickle cell disease is a global health problem.

WHAT YOU CAN DO

- Donate blood to support transfusions.
- · Advocate for better treatment, education and research
- · Educate others about sickle cell disease and sickle cell trait. • Get tested for sickle cell trait if you are of African descent and do not know your status.
- · Support SCDAA as we search for a universal cure

SICKLE CELL DISEASE



HOW?

People with SCD can live full lives by being proactive in their care. Here are some tips to help you or someone you know with SCD stay as healthy as possible.

Staying healthy with sickle cell disease involves.

- Pain management
- Preventing infections from common illnesses such as the flu
- Self-care including eating well, exercising and staying hydrated
- Medications to reduce the severity of sickle cell disease
- Regular preventive care including vaccinations and health and dental check ups
- Quality medical care from doctors and nurses who are educated about SCD
- · Building a support system of friends and family
- · Connecting with a patient support group or a community-based SCD organization for information and assistance

TREATMENT OPTIONS

- Over-the-counter pain relievers are commonly used to treat chronic pain.
- Hydroxyurea (Siklos, Droxia) and Oxbryta (Voxelotor) are prescribed medications that can decrease some complications of SCD.
- Endari (Glutamine) and Adakveo (Crizanlizumab) are prescribed medications that can reduce the number of sickle cell pain crises.
- Blood transfusions can help relieve symptoms of SCD and potentially prevent complications.

SCREENING TESTS

- Newborn screening can help identify SCD and expedite early management and treatment. · Adult screening can help identify if someone has SCD or is a carrier for the SCD trait.
- Sickle stroke screening, aslo known as Transcranial Doppler (TCD) screening, can help identify people with brain abnormalities as a result of SCD who are at high risk for ischemic stroke and brain injury.
- Organ screening can help identify damage to organs such as the kidney, eye and heart.

THE SEARCH FOR A CURE ...

narrow (stem cell) transplants can, in some cases, cure sickle cell disease, but not all individuals are eligible for this procedure, and there are associated risks. Read more about this NIH initiative: www.curesickle.org

This information is for educational purposes only and does not serve as medical Talk to your doctor about the screenings and treatments that may be right for you dical advice or as an endorsement by SCDAA

Learn more: www.sicklecelldisease.org



The Stay in School initiative is intended to improve high school graduation rates for students. The GED program will help prepare students for success through high school level education and better their graduation as well as future career success. 96% of the students who take the GED test have been successful due to this course. Full scholarships are available for dedicated students. Come into the office to fill out an application and register for this dass.

lasses

ARIZONA

OIC

Available Now

Tuesday & Thursday

9:00am - 12:00pm

The mission of the Arizona Opportunities Industrialization Center through Sullivan's Place is to assist veterans and their families in attaining self-sufficiency through the provision of dignified housing and supportive services.

To accommodate the diverse veteran population in the Phoenix area, two houses are designed for four single males, one house for four single females, and one house for a married, four-person family. Occupants of Sullivan's Place will also benefit from access to mentoring programs, skills training, and job placement services to help them better attain sustainable self-sufficiency







1ST ANNUAL MLK AWARD RECIPIENT DINNER October 14, 2022 Hosted by AZOIC & Dr. D.Wooten Expect next level entertainment!



MLK past awardees, we are celebrating you!

Contact Dalyn Blue-McLaurin, Arizona OIC 602-513-8311 X-109

Are you a member or leader of a local faith-based organization that would like us to share your upcoming news and events? Contact us today! Arizona OIC works closely with many local faith organizations that help accomplish and support our mission to **help people help themselves**.

We value our partnerships with organizations of many different backgrounds. Send us your information by contacting us.

gene.blue@azoic.org or call our office at 602-513-8311



As a non-profit 501(c)3 organization, Arizona OIC relies on donations, private sector funding, and special events for its operations. While grants were available when Arizona OIC was founded many years ago, over the past several decades public funding and grants have been disappearing. As a result, Arizona OIC has been actively developing its private sector relationships and partnerships, whereby companies rely on Arizona OIC to train their entry-level workforce. If your organization is interested in becoming involved as a Corporate Sponsor of OIC, please contact us at gene.blue@azoic.org or contact our office at 605-513-8311.

SEPTEMBER 2022